

Ankeny Virtual Backpack

Volunteering, Drives, and Giveaways

Name of Event: My Student Assistance Program (SAP)

Grade Level: K-12

Event Type: Volunteering, Drives, and Giveaways

Event Date: 12/2/2024

Audience: Ankeny Schools families

Details: An SAP is here for you when you and your immediate family members are dealing with life's challenges.

You can count on your SAP for guidance and support when it comes to assessing your concerns and developing strategies for addressing any of the following:

- School-life balance
- Family or relationship issues
- Emotional issues
- Alcohol and drug-related issues
- Other issues that interfere with your daily living, happiness, and overall well-being

Location: In person or virtual

Cost: No cost

Organization Name: EFR Employee & Family Resources

Event URL: <https://www.ankenyschools.org/app/uploads/2024/12/EFR-SAP.pdf>