## **Ankeny Virtual Backpack**

## **Sports and Activities**

Name of Event: Girls on the Run Grade Level: Elementary (K-5) Event Type: Sports and Activities

**Event Date:** 3/25/2024

Registration Deadline: 3/15/2024

Audience: elementary

**Details:** Girls on the Run inspires individuals of all abilities to discover, build, and grow their self-confidence. Together, they experience a sense of belonging and

connection as a team while training to run/walk/roll a 5K

**Location:** Various Locations in Ankeny

Organization Name: Girls on the Run of Central Iowa

**Contact Name:** Christa Vander Leest

Contact Email: <a href="mailto:christa.vanderleest@girlsontherun.org">christa.vanderleest@girlsontherun.org</a>
Event URL: <a href="mailto:https://www.gotrcentraliowa.org/programs">https://www.gotrcentraliowa.org/programs</a>

Name of Event: Iowa Rush 5U-8U Rec Soccer

Grade Level: Elementary (K-5)
Event Type: Sports and Activities

**Event Date:** 4/6/2024

Registration Deadline: 3/15/2024

Audience: K-3 students

**Details:** Rec teams have two practice opportunities per week and one game on weekends; the Iowa Rush 5U-8U Director forms teams prior to the season. Parent volunteers conduct practices under the guidance of Iowa Rush coaching staff. The Rec program offers a safe and inclusive environment that emphasizes each player's overall experience, where activities are designed to be age-appropriate and provide a desirable level of challenge for players.

Location: Prairie Ridge Soccer Complex

Cost: \$125 per player

Organization Name: Iowa Rush Soccer Club

Contact Name: Ben Dighton

Contact Email: recdoc@iowarush.com

Event URL: https://www.iowarush.com/central-5u-8u-rush-

soccer?fbclid=IwAR3MR6DwvX6ExgfqVoXLmf7ficmXx9d7Etjq14pub2lgo3GsAQGD

LgfCypQ

Name of Event: Iowa Rush Soccer - Kicks 4 Kids

Grade Level: Elementary (K-5)
Event Type: Sports and Activities

Event Date: 4/19/2024 Start Time: 6:15:00 PM

Registration Deadline: 3/15/2024

**Audience:** 5-6 year olds

**Details:** Participants led by coaches and Select players will be divided into small groups to play fun games focusing on dribbling, shooting and basic soccer rules. Parents are encouraged to stay and watch their child enjoy the game of soccer! Each

participant will need a size 3 soccer ball. **Location:** Prairie Ridge Soccer Complex

Cost: \$65 - free t-shirt included!

Organization Name: Iowa Rush soccer Club

Contact Name: Antonio Melendez

Contact Email: antoniomelendez@iowarush.com

Event URL: https://www.iowarush.com/central-k4k?fbclid=IwAR11ljKk-

O5Gan189vM651jSLIs-jDR8mPlFsUbV7lWK-TCDw\_nHyLe80mk

Name of Event: Iowa Rush Kicks 4 Kids

Grade Level: Elementary (K-5)
Event Type: Sports and Activities

**Event Date:** 4/19/2024 **Start Time:** 6:15:00 PM

Registration Deadline: 4/12/2024

Audience: 5-6 year olds

**Details:** Participants led by coaches and Select players will be divided into small groups to play fun games focusing on dribbling, shooting and basic soccer rules. Parents are encouraged to stay and watch their child enjoy the game of soccer! Each participant will need a size 3 soccer ball.

Location: Prairie Ridge Soccer Complex

Cost: \$65 - free t-shirt included

**Organization Name:** Iowa Rush Soccer Club

Contact Name: Antonio Melendez

Contact Email: antoniomelendez@iowarush.com

Event URL: https://www.iowarush.com/central-k4k?fbclid=IwAR11ljKk-

O5Gan189vM651jSLIs-jDR8mPlFsUbV7lWK-TCDw\_nHyLe80mk

Name of Event: The Sparkle Run

Grade Level: K-12

**Event Type:** Sports and Activities

**Event Date:** 5/5/2024 **Start Time:** 2:00:00 PM

Registration Deadline: 5/5/2024 Audience: All Ankeny residents

**Details:** We hold a 5K fun run at 2 pm at DMACC in Ankeny. All proceeds go to Above & Beyond Cancer whose mission is to elevate the lives of those touched by cancer. This event is held in Memory of Erin Moomey who was an Ankeny student.

Location: DMACC Campus, 2006 S Ankeny Blvd, Ankeny

Cost: \$20-30

**Organization Name:** The Sparkle Run

Contact Name: Becky Jordan

Contact Email: ankenyjordans@msn.com

Event URL: <a href="https://sparklerun.org/">https://sparklerun.org/</a>

Name of Event: 2024 Kids Soccer League

Grade Level: Elementary (K-5)
Event Type: Sports and Activities

**Event Date:** 6/3/2024 **Start Time:** 5:30:00 PM

Registration Deadline: 5/28/2024

Audience: Elementary/Preschool Students

**Details:** Each summer Ankeny First United Methodist Church offers a recreational soccer league for kids PreK – 5th grades. Grade is for the current 2023/24 school year. (PreK players must be four years old by June 1 unless a parent is coaching.) Cost is \$25.00.

Games are played 3v3 so that every member of the team gets equal playing time, more action, and equal touches on the ball. Kids soccer is open to everyone in the community, not just those who attend Ankeny First. Each session will include intentional time for prayer & devotion. Games are held the Monday & Tuesday evenings June 3-25 at the Christian Life Center (710 NE 36th St). A season kick off will be held on Sunday, June 2.

**Location:** Ankeny First United Methodist Church 710 NE 36th St. Ankeny, IA 50021

Cost: \$25

**Organization Name:** Ankeny First United Methodist Church

**Contact Name:** Marcie Mulford

Contact Email: marcie.mulford@ankenyfirst.org

Event URL: https://ankenyfirst.churchcenter.com/registrations/events/2175155