

K-5

Breakfast & Lunch Menus





Meal Prices Breakfast K-5 \$2.05 Breakfast Reduced \$0.30 Lunch K-5 \$3.10 Lunch Reduced \$0.40 A la Carte Milk \$0.55

		Mor	nday		
Breakfast		French Toas	t with Syrup		
		Assorted Cereal			
		Blueberr	y Muffin		
		Strawberry Poptart*			
Br		Orange Juice			
		Apple Slices			
	W	hite or Choco	olate Skim M	ilk	
	Teriyaki	Chicken & V	egetable Du	mpling	
Lunch Silver Week		Chicker	n Strips		
	Turl	key & Chees	e Deli Sandw	/ich	
ver	Lemon Pepper Edamame Blend				
Sil	Salad				
nch	Carrots				
1	Mandarin Oranges				
	W	hite or Choco	olate Skim M	ilk	
	Mandarin Orange Chicken & Rice				
eek	Chicken Nuggets & Rice				
Ň	Turkey & Cheese Deli Sandwich				
ron	Broccoli				
Mai	Spinach & Romaine Blend				
Lunch Marron Week	Carrots				
Lui		Apple	sauce		
	W	hite or Choco	olate Skim M	ilk	
			5.00		
	M	т	Rotation B W	TH	
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	Tuesday
	Maple Waffle
	Assorted Cereal
	Blueberry Muffin
	Strawberry Poptart*
	Orange Juice
	Strawberry applesuce
	White or Chocolate Skim Milk
s	Walking Tacos
	Chicken Strips
	Turkey & Cheese Deli Sandwich
	Fiesta Salad
	Shredded Lettuce Salad
	Jicama
	Apple Slices
	White or Chocolate Skim Milk
	Chessy Beef Nachos
	Chicken Nuggets
	Turkey & Cheese Deli Sandwich
	Sweet Corn
	Shredded Lettuce Salad
	Diced Tomatoes
	Pineapple

Wednesday
Cheese Omelet and Muffin
Assorted Cereal
Blueberry Muffin
Strawberry Poptart*
Orange Juice
Strawberries
White or Chocolate Skim Milk
Hamburger or Cheeseburger
Chicken Strips & Dinner Roll
Turkey & Cheese Deli Sandwicl
Seasoned Hashbrowns
Salad
Pickles
Orange Slices
White or Chocolate Skim Milk
Corn Dog
Chicken Nuggets & Dinner Rol
Turkey & Cheese Deli Sandwicl
Baked Beans
Salad
Celery
Cantaloupe
White or Chocolate Skim Milk

Blueberry Muffin			
Strawberry Poptart*			
Orange Juice			
Dried Cherries			
White or Chocolate Skim Milk			
Cheese Pizza Crunchers			
Breaded Chicken Sandwich			
Turkey & Cheese Deli Sandwich			
Roasted Green Beans			
Salad			
Sweet Mini Peppers			
Peaches			
White or Chocolate Skim Milk			
Cheesy Italian Flatbread			
Breaded Chicken Sandwich			
Turkey & Cheese Deli Sandwich			
Mediterranean Garbanzo Salad			
Salad			
Cucumbers			
Strawberries & Bananas			
White or Chocolate Skim Milk			

Turkey & Cheese Deli Sandwich
Mediterranean Garbanzo Salad
Salad
Cucumbers
Strawberries & Bananas
White or Chocolate Skim Milk
Please note: One milk is include
with a school lunch. Extra Milk of
Milk with a lunch from home cos

Thursday

French Toast with Syrup **Assorted Cereal Blueberry Muffin** Strawberry Poptart* Orange Juice

Mini Cinnamon Sugar Donuts
Assorted Cereal
Blueberry Muffin
Strawberry Poptart*
Orange Juice

Friday

Raisels

White or Chocolate Skim Milk Eggstravaganza* & Dutch Waffle

Chicken Strips & Dutch Waffle **Turkey & Cheese Deli Sandwich**

Broccoli

Spinach & Romaine Blend

Carrots

Pears

White or Chocolate Skim Milk

Eggstravaganza* & Cinnamon Roll **Chicken Nuggets & Cinnamon Roll Turkey & Cheese Deli Sandwich**

Breakfast Potatoes

Salad

Baby Carrots

Raisels

White or Chocolate Skim Milk

		Rotation B		
М	Т	w	TH	F
11/27	11/28	11/29	11/30	12/1
12/4	12/5	12/6	12/7	12/8
12/11	12/12	12/13	12/14	12/15
12/18	12/19	12/20	12/21	12/22
12/25	12/26	12/27	12/28	12/29
1/1	1/2	1/3	1/4	1/5
1/8	1/9	1/10	1/11	1/12
1/15	1/16	1/17	1/18	1/19
1/22	1/23	1/24	1/25	1/26
1/29	1/30	1/31	2/1	2/2
2/5	2/6	2/7	2/8	2/9
2/12	2/13	2/14	2/15	2/16
2/19	2/20	2/21	2/22	2/23

Lunch Menu Calendar

White or Chocolate Skim Milk

Menu Subject to change without notice

No School
Silver Week
Maroon Week

* Contains Pork or Gelatin

Visit www.schoolcafe.com for menus and nutrition/allergen info





\$0.55

Free & Reduced Eligibility:

If you think you qualify for free/reduced meals, complete an eligibility application here:

https://www.ankenyschools.org/department s/nutrition-services/free-and-reduced-mealsprogram/

If your family qualifies, you may be eligble for reduced text book fees, activity passes (9-12th only) and reduction of Driver's Education fees.

This institution is an equal opportunity provider.

Ankeny Community School District does not discriminate based on race, color, creed, religion, national origin, sex, gender identity, age, disability, marital status, sexual orientation, physical attributes, physical or mental ability or disability, ancestry, political party preference, military affiliation, socioeconomic status, or familial status. Inquiries or grievances may be directed to Kenneth Morris, Jr., Equity Director, 306 SW School Street, P.O. Box 189, Ankeny, IA, 50021-0189, (515) 965-9600.

kenneth.morris@ankenyschools.org; or the Iowa Civil Rights Commission, Grimes State Office Building, Des Moines, IA, 50319-0201, (515) 281-4121; or the U.S. Department of Education, Office for Civil Rights, 500 West Madison Street, Suite 1475, Chicago, IL 60661.