

ANKENY COMMUNITY EDUCATION

community) challenge) excellence) inspiration) leadership



Winter 2024/2025 COURSE CATALOG

Skateboarding
Pg. 5

How to play
Piano by Ear
Pg. 7



*Providing Community Connections
and Lifelong Learning Opportunities*

Register at ankenyschools.org/community-engagement



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Contact Us

Ankeny
Community Engagement

306 SW School Street
Ankeny, Iowa 50023
communityengagement@
ankenyschools.org
515 965-9600 ext 3960

Office hours: Monday - Friday
7:30 am to 4:30 pm



This catalog is interactive.
Click on class details to
register or any links for
more information.



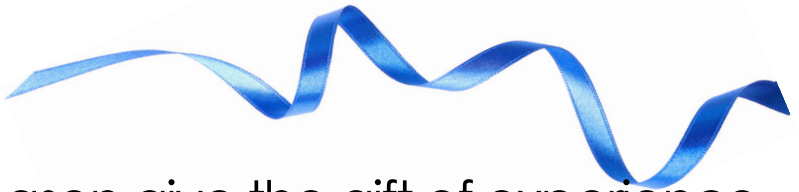
All Community
Education classes
have a minimum
number of students
necessary to
run each class.
Registration closes
three business days
before the first day
of class, so be sure to
sign up today!

Welcome



Our new Community Engagement Specialist, Madisen Gaskin, has been hard at work meeting area businesses and community members, finding ways to connect them with Ankeny Schools and our various programs. Through which we now offer many new and exciting courses. Make sure to check out Blank Park Zoo's animal encounter classes in our Together Time options.

Her efforts to build resources for the community have also included bringing Do The Math 247, a character building course, to our program. We are very happy to have Madisen join team and look forward to the days, weeks, and years ahead.



This season give the gift of experience.

SIGN SOMEONE UP FOR 8 WEEKS OF SKATEBOARDING LESSONS, INCLUDES A SKATEBOARD AND HELMET.

GIVE YOUR CHILD A SATURDAY MORNING WITH A STEM LEARNING EXPERIENCE.

EXPLORE YOUR ANIMAL SIDE WITH BLANK PARK ZOO.

INTRODUCE A FRIEND TO THE GUITAR OR PIANO.

These opportunities and more await!

Youth Enrichment

{YEL!} Robotics 2.0

Nature 'Bots

Help nature and our environment by studying them more closely. We'll build a frog 'bot and discuss metamorphosis, then build a bumble bee and discuss the importance of pollination. We'll study nature while learning computer coding and engineering skills. {YEL!}'s Teach It! Practice It! Play It!® classroom method emphasizes 21st Century Learning skills like STEM, teamwork, and problem solving. Visit YELKids.com for more information.

Grades 1 - 5

Instructor: Youth Enrichment League

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#477641: Thur, 1/9 - 2/27; **\$120**

4:00 PM - 5:00 PM East Lunchroom

{YEL!} Extreme STEM: Catapults and Dragons

Build a dragon, railroad crossing, and design their own marshmallow catapult using LEGO® bricks. Then use those projects to investigate basic engineering concepts. {YEL!}'s Teach It! Practice It! Play It!® classroom method emphasizes 21st Century Learning skills like STEM and problem solving.

Grades K - 3

Instructor: Youth Enrichment League

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#477642: Tue, 1/14 - 3/11; **\$110**

4:00 PM - 5:00 PM East Lunchroom

No class 3/4

{YEL!} Chess

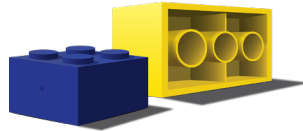
New and returning students invited. Learn, Practice and Play chess each class. The {YEL!} Teach It! Practice It! Play It!® method keeps students on track with new chess lessons and puzzles each week as well as guided games and in-class tournaments. Class fee includes ChessKid.com membership for the session.

Grades K - 5

Instructor: Youth Enrichment League

#477644: Fri, 1/17 - 3/7; **\$122.50**

4:00 PM - 5:00 PM East Lunchroom



NEW Do The Math 24/7

Do The Math 24/7 is a character-building school program with a positive message on respect, unity, and equality. Do The Math 24/7 Character-Building Program will cover such subjects as self-respect, leadership, teamwork, anti-bullying, and peer-pressure. Students will understand the importance of having good character, as a foundation to build on.

Grades 2 - 5

Instructor: Kenny Lilly

#477650: Thur 12/5, 12/12, 12/19, and 1/9 **\$100**

4:30 PM - 5:30 PM Northwest Media Center





NEW Skateboarding

Students will receive an introduction to skateboarding. Skate DSM provides skateboards and helmets for all kids to use and keep! Advanced skaters will receive instructions on how to perform skateboarding tricks.

Grades 3 - 8

Instructor: Skate DSM

#477700: Tue, 1/7 - 2/25; **\$87.50**

4:15 PM - 5:15 PM East Elementary Gym

NEW STEM Saturdays: Gingerbread STEM

Join us in the kitchen as we learn about chemical reactions in baking, how leavening agents work, the role of acids and bases, and more!

Grades K - 5

Instructor: TigerLily STEM

#477711: Sat, 12/7; **\$62.50**

9:00 AM - 12:00 PM 306 SW School St.

#478859: Sat, 12/14; **\$62.50**

9:00 AM - 12:00 PM 306 SW School St.

NEW STEM Saturdays: Winter Wonderland

Gratitude and STEM come together for this holiday-themed program. Students will engineer a gratitude tree, make homemade butter, and experiment with apple-based chemical reactions.

Grades K - 5

Instructor: TigerLily STEM

#477713: Sat, 1/4 - 1/25; **\$137.50**

9:00 AM - 11:00 AM Southeast Lunchroom

NEW New Year's STEM Extravaganza

Ring in the New Year with this STEM Extravaganza! Kids will dive into hands-on experiments and creative projects inspired by the excitement of the new year including floating fireworks, time capsules, glitter slime, and the grand finale Egg Drop
Grades K - 5
Instructor: TigerLily STEM

#477880: Thur, 1/2; **\$56**

9:00 AM - 12:00 PM Southeast Lunchroom

NEW Lil Yogis

This program will engage children in various yoga poses, unique stretching, animated play, games and movement. Some forms of yoga will be upbeat and include vigorous activity. Children will learn the importance of stretching, balance and flexibility, including physical fitness, games and activities. Visualization will be explored during each session using the five senses.

Want to participate with your child? Register together for only \$5 more.

Grades K - 5

Instructor: TigerLily STEM

An adult is required to remain on site for each child even if not participating.

Student Only

#480022: Wed, 1/15 - 2/19; **\$95**

6:00 PM - 6:50 PM Northwest Lunchroom

Student and Adult

#480078: Wed, 1/15 - 2/19; **\$100**

6:00 PM - 6:50 PM Northwest Lunchroom

Student Only

#480019: Thur, 1/16 - 2/20; **\$95**

6:00 PM - 6:50 PM Northwest Lunchroom

Student and Adult

#480065: Thur, 1/16 - 2/20; **\$100**

6:00 PM - 6:50 PM Northwest Lunchroom

Together Time

“Together Time” is a unique category of classes designed to foster connections between a child and a caring adult. These classes encourage shared learning experiences through fun, interactive activities that allow participants to strengthen their relationship while making learning a joyful, shared adventure. Please note- some classes require two registrations while others may include both the child and adult in one.

NEW Honey, It's Cold Outside

We might like to snuggle into a warm fire with lots of blankets and hot cocoa, but how do animals stay warm when things get chilly?

Grades K - 4 (Requires an Individual registration for both student and adult.)
Instructor: Blank Park Zoo

#477763: Wed, 1/15; **\$15**
6:00 PM - 7:00 PM East Lunchroom



“A Night World” with a Blank Park Zoo.

NEW Scaly, Not Slimy

Discover the softer side of snakes by making a ‘Snakes and You!’ a board game that follows the daily life of a snake.

Grades K - 4 (Requires an Individual registration for both student and adult.)
Instructor: Blank Park Zoo

#477765: Thur, 2/20; **\$15**
6:15 PM - 7:15 PM East Lunchroom

SIGN UP EARLY!

All Community Engagement classes have a minimum number of students necessary to run each class. Registration closes three business days before the first day of class, so be sure to sign up today!

Adult & Youth Courses

Instant Piano for Hopelessly Busy People | ONLINE

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do—using chords. Since this class is being held online with Zoom you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. And, since this course includes an online book and online follow up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well. The course is partly lecture/demonstration and partly hands-on instruction.

Grades 9+ and adults
Instructor: Craig Coffman

#477720: Mon, 1/20; **\$62**
6:30 PM - 9:30 PM Online

NEW How To Play Piano by Ear

Learn one of music's deepest mysteries: how to play songs without relying on music. A very practical presentation of music theory that includes predicting chord progressions, learning from recordings, and transposing—all expressed in everyday language. This is an ideal follow-up to the "Instant Piano" class and is open to anyone who has a basic understanding of chords on any instrument. Fee includes the online book, online follow-up lessons, a recording of the class and an optional monthly question and answer session. Class is held online using zoom.

Grades 9+ and adults
Instructor: Craig Coffman

#477726: Sat, 2/15; **\$62**
10:00 AM - 12:30 PM Online

Instant Guitar for Hopelessly Busy People | ONLINE

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with Zoom, you will be able to sit at home with your guitar and take this class without any pressure at all. And since the class includes an online book and online follow-up video lessons, you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. A recording of the class is included as well.

Grades 9+ and adults
Instructor: Craig Coffman

#477721: Tue, 1/21; **\$62**
6:30 PM - 9:00 PM Online

Tae Kwon Do

What are the benefits of Tae Kwon Do for you and your family? Quite simply – tons! Physical fitness, weight control, increased concentration span, self-esteem, stress relief, and personal protection skills. Along with these, you will learn the art of traditional Tae Kwon Do. Ages six and older. Family fun. This class will be held on Mondays and Thursdays unless communicated by instructor.

Instructor: Martial Arts America

#477877: Mon & Thur, 1/6 - 1/30; **\$30**
6:15 PM - 7:15 PM Crocker Lunchroom
Class on 1/23 held off site

#477878: Mon & Thur, 2/3 - 2/27; **\$30**
6:15 PM - 7:15 PM Crocker Lunchroom

Adult Courses

Karma Yoga

This program will engage adults in a relaxing, yet uplifting yoga flow. With unique stretching and gentle movement, we connect to our bodies, mind, and spirit. Each session incorporates meditation & mindfulness practice. Students will learn the importance of connecting to their breathe, balance and flexibility, mindset and motivation.

Appropriate for all fitness levels.

Instructor: Firefly Wellness

#480082: Wed, 1/15 - 2/19; **\$95**

7:00 PM - 7:50 PM Northwest Lunchroom

#480080: Thur, 1/16 - 2/20; **\$95**

7:00 PM - 7:50 PM Northwest Lunchroom

Check out Lil Yogis by Firefly Wellness for your elementary school student. It runs right before this class.



Be Winter Wise

In the event of a class cancellation due to weather, class participants will be notified as soon as possible via email. Community Education classes are cancelled if the Ankeny Community School District has cancelled for weather or other emergencies. See page 6 for more information.



Self-Honor & Healthy Me - Group Coaching

How would you BE, if you felt better about YOU? With support, encouragement and an action plan you will be able to create energy, reduce stress, control binges, explore emotions, overcome obstacles, and break habits.

This group program meets virtually for 6 weeks to uncover habits, stressors, bingeing, emotions & all the things. With daily and weekly tips, tools, methods and constant coaching, you will have the skills to get past the “stuck & muck” and into the insight & abundance.

We explore each of these in-depth, week after week. Getting to the heart of what it takes to succeed and why that’s important to YOU!

1. Why it’s not just about food and exercise
2. What is mindset - and how to create growth
3. Habits for powerful results
4. Stress-less and self-honor
5. Goal setting with accountability and care
6. Fueling your body

Instructor: Firefly Wellness

#480092: Tue, 1/14 - 2/18; **\$225**

7:30 PM - 8:30 PM Online

Registration

ONLINE

Register for classes and access up-to-date class information online at www.ankenyschools.org/community/community-engagement/course-registration/.

IN PERSON

Monday through Friday, 8:00 am - 4:30 pm. 306 SW School St, Ankeny IA 50023.

Questions can be directed to the Ankeny Community Engagement Department at 515-965-9604 ext 54636.

Pre-registering helps instructors plan for their classes. All classes have size limits and/or have a minimum requirement for the class to be a "go." Please help us avoid the disappointment of class cancellations by registering early. Registration closes three business days before the first day of class.

Confirmation of Registration

Registration is required for all classes and is on a first-come, first-served basis. If registering close to the start date of a class, call or check the website to confirm that space is still available.

Refunds

Refund requests must be made at least seven business days prior to the start of class. Registration will be fully refunded if Ankeny Community Schools cancels the class. There are no refunds or discounts for missed classes.

Changes/Cancellations

Occasionally, class locations may need to change. Please make sure your contact information is current so that we may reach you with any necessary changes/updates.

Partial Scholarships

Grant funding makes it possible for the Ankeny Community Engagement Department to offer partial scholarships to students in need on a limited basis. These partial scholarships are available for our youth and parenting courses. Contact the Ankeny Community Engagement Department at 515-965-9604 ext 54363 for more information.

Weather Cancellations

Community Engagement classes scheduled in or at district facilities are canceled if the Ankeny Community School District cancels school for weather or other emergencies. A message will be posted at ankenyschools.org.

Photo Permission

Occasionally photos may be taken of the participants in classes for future marketing. Participants desiring their names/photograph not to be used for marketing must notify Community Engagement in writing at the time of registration.

Hold Harmless

Instructors and participants understand that this course may expose them to some risk and that individuals need to assess their own personal health/fitness to participate in the courses, and thus, instructor or participants are responsible for any medical expense. Participants hold harmless the District and its officials, employees, and agents from and against all claims, liabilities, damages and expenses, including attorney fees and costs.

Ankeny Community School District does not discriminate based on race, color, creed, religion, national origin, sex, gender identity, age, disability, marital status, sexual orientation, physical attributes, physical or mental ability or disability, ancestry, political party preference, military affiliation, socioeconomic status, or familial status. Inquiries or grievances may be directed to Kenneth Morris, Jr. Equity Director, 306 SW School Street, P.O. Box 189, Ankeny, IA, 50021-0189, (515) 965-9600, kenneth.morris@ankenyschools.org; or the Iowa Civil Rights Commission, Grimes State Office Building, Des Moines, IA, 50319-0201, (515) 281-4121; or the U.S. Department of Education, Office for Civil Rights, 500 West Madison Street, Suite 1475, Chicago, IL 60661.



Class Locations

Community Education classes take place in Ankeny Community School District's eighteen buildings.

Abbie Grove Elementary School

5001 NW 18th Street

Ankeny Centennial High School

2220 NW State Street

Ankeny High School

1155 SW Cherry Street

Ashland Ridge Elementary School

2600 NW Ash Street

Crocker Elementary School

2910 SW Applewood Street

East Elementary School

710 SE 3rd Street

Heritage Elementary School

301 SW Prairie Trail Parkway

Northeast Elementary School

1705 NE Trilein Drive

Northview Middle School

1302 N Ankeny Boulevard

Northwest Elementary School

202 W First Street

Parkview Middle School

105 NW Pleasant Street

Prairie Ridge Middle School

1010 NW Prairie Ridge Drive

Prairie Trail Elementary School

1850 SW College Avenue

Rock Creek Elementary School

3800 NW Abilene Road

Southeast Elementary School

1005 SE Trilein Drive

Southview Middle School

1020 SW Cherry Street

Terrace Learning Center

310 NW School Street

Westwood Elementary School

2920 NW Ninth Street

Beyond and Summit

306 SW School Street

SHARE YOUR BIG IDEA



Have a talent or topic you'd like to share with others? Call the Community Engagement office at 515-965-9600 x3960 or go www.ankenyschools.org/community/community-engagement/course-registration/teach-a-class/ to submit your camp or class proposal.

PROPOSALS FOR SPRING 2025 ARE DUE JANUARY 1, 2025!

ANKENY

COMMUNITY EDUCATION



Winter 2024/2025

STAY UP TO DATE!

Find current information for all community classes at ankenyschools.org/community-engagement. When registering, be sure to include your current email address so you will receive registration confirmation, reminders, class announcements, updates, weather-related info, and other important class-related information.

